

# Annual Report

## UCP Huntsville

*United Cerebral Palsy of Huntsville & Tennessee Valley, Inc.*

FY 2023-2024



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### About UCP

The mission of United Cerebral Palsy of Huntsville and Tennessee Valley, Inc. (UCP Huntsville) is to empower individuals of all abilities through comprehensive services and community support.

UCP Huntsville is a 501(c)(3) non-profit organization operating two regional centers in Huntsville for individuals with cerebral palsy and those representing 180 additional diagnoses.

Organized locally in 1963 to meet the information, resource, and childcare needs of parents of children with physical disabilities, UCP has grown into a leading therapeutic and educational resource, providing a range of services to children and adults with developmental, acquired, or aging healthcare needs and their families.



UCP Therapy Center, 2075 Max Luther Dr. NW, Huntsville, AL 35810

UCP Training Center, 1856 Keats Dr., Huntsville, AL 35810

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[www.ucphuntsville.org](http://www.ucphuntsville.org)

[Facebook.com/ucp.huntsville](https://Facebook.com/ucp.huntsville)

[Twitter@UCPHuntsville](https://Twitter@UCPHuntsville)



# How we are funded

Funding from a variety of sources allowed UCP to provide services at little or no cost to clients, their families, and the community during FY 2023-2024. Funding sources include, but are not limited to, the following. Thank you to each UCP supporter!

## Contracts, Grants, Contributions, & Sponsors

Administration for Community Living Federal Lifespan Respite  
Alabama Cares/Alabama Area Agencies on Aging  
Alabama Civil Justice Foundation  
Alabama Department of Human Resources  
Alabama Department of Medicaid  
Alabama Department of Mental Health  
Alabama Department of Rehabilitation Services  
Alabama Department of Senior Services  
Alabama Department of Child Abuse & Neglect Prevention: Children's Trust Fund  
Alabama Department of Early Childhood Education  
Alabama Mountain Lakes Tourist Association  
Alabama Partnership for Children  
Anam Foundation  
Avion Takes Action  
Boeing Employees Community Fund  
City of Huntsville  
COLSA Corporation  
Combined Federal Campaign (Agency #75529)  
Community Foundation of Greater Huntsville  
Elsie S. Bellows Fund  
Event Sponsors and Silent Auction Donors  
Garver Gives  
Greater Huntsville Rotary Foundation  
Huntsville Havoc Light the Lantern Foundation  
Huntsville Hospital Community Health Initiative  
Jurenko Foundation

Knights of Columbus Alabama State Council  
Limbo Neurological Consulting  
MassMutual  
Mazda Toyota Manufacturing  
Memorials, Honorariums, and Community Events  
PhRMA  
Radiance Gives  
Reagan's Clinic, LLC  
The Link Family Fund  
Third-party Insurance  
Torch Helps & Torch Technologies  
UCP of Alabama  
United Way of Madison County



Huntsville Havoc

# UCP Programs and Services

## Individuals Impacted by UCP Services FY 2023-2024



Early Intervention: 330

Outpatient Therapy: 360

### Units of Service

Physical Therapy: 3,524

Occupational Therapy: 1,197

Speech-Language Therapy: 5,245

Service Coordination: 12,885

Special Instruction: 1,079

Preschool Readiness and  
Developmental Playgroups: 30

Family Networking Activities  
Participants: 993



CCEP Training Participants: 1,029

CCEP Technical Assistance &  
Consultation Participants: 877

CCEP Technical Assistance &  
Consultation Impact: 4,104

Parents as Teachers Families: 45

## Early Intervention

UCP's Building Blocks Early Intervention program focuses on assisting families who have children with developmental delays from birth to three years of age. An individualized plan is developed based on the family's daily routines and concerns. Appropriate intervention services are provided to meet the family's needs through parent/caregiver training in the child's natural environment. Possible Early Intervention team members may include service coordinators, physical therapists, occupational therapists, speech-language pathologists, developmental specialists, and others as needed.

## Children's Therapy Services

UCP's Children's Therapy Services (CTS) pediatric outpatient therapy program provides therapeutic evaluations and direct treatment, including physical, occupational, and speech therapies, for individuals of all abilities from birth to age 19. CTS therapists evaluate and treat developmental delays, motor impairments, sensory issues, feeding issues, gait impairments, as well as short term injuries due to sports and childhood accidents. Additionally, CTS therapists can create upper extremity splints and make equipment recommendations.

CTS is centrally located at the UCP Therapy Center, offers private pediatric treatment spaces, and features the latest in therapeutic equipment.

## Developmental Playgroups

UCP offers weekly playgroups for preschoolers to provide children with enjoyable learning experiences and the socialization skills needed to transition later to a traditional classroom setting.

## Family Connections

This program provides parent training with a developmental specialist, parent/child playgroups (Family Fun Times), family events for networking and support, seasonal activities for children, resource information and referrals. *Funded by the Alabama Department of Child Abuse and Neglect Prevention.*

## CCEP (Childcare Enhancement with a Purpose)

UCP offers free training to childcare providers statewide to help create an inclusive environment for children with special needs. The CCEP program provides onsite training, consultation, and technical assistance to preschools, daycares, and other childcare providers. More than 5,000 North Alabama children and childcare providers benefit annually from this basic child development and inclusion education and training. *Funded by the Alabama Department of Human Resources.*

## Parents as Teachers

Parents as Teachers educators teach parents the skills needed to help their children develop optimally during the critical formative years of life through in-home, monthly visits. *Funded by the Alabama Department of Early Childhood Education.*



# UCP Programs and Services

## Individuals Impacted by UCP Services FY 2023-2024



Respite Information/Referral  
Contacts: 25,622

Families Receiving Respite: 1,627

Respite Hours Provided: 169,041

Respite Training Participants:  
790

Respite Training Impact: 1,580

Respite Outreach: 64,023

Assistive Technology Supports:  
28

Program/Event Volunteers: 165

Volunteer Hours: 730

Tourism ALL-a-Bama Training:  
155

Tourism ALL-a-Bama Outreach:  
8,314

Help Me Grow Family Impact:  
1,358

Family Wellness Initiative Direct  
Counseling Participants: 69

Family Wellness Initiative Group  
Support Participants: 115

Families Receiving Interpreter  
Support: 34

### Alabama Lifespan Respite

Respite is temporary relief for family caregivers who are providing unpaid care to individuals with disabilities or chronic illnesses. Alabama Lifespan Respite is a statewide program dedicated to making respite options readily available to caregivers in Alabama. Services include information and referral, public awareness and advocacy, caregiver education, and respite reimbursement. Technical assistance is available to community respite providers. Alabama Respite also contracts with Alabama Cares programs statewide to administer regional respite reimbursement as a personal choice respite option for caregivers. Visit [alabamarespite.org](http://alabamarespite.org).

### H.E.A.R.T.S. (Help Emergency and Respite Treatment Service)

The H.E.A.R.T.S. program is designed to provide respite care for families of children with special needs up to age 19. A voucher system allows parents to secure a caregiver of their choosing with payment by voucher. H.E.A.R.T.S. also offers parent trainings on various topics, including first aid and CPR. *Funded by the Alabama Department of Child Abuse and Neglect Prevention.*

### Tourism ALL-a-Bama

Tourism ALL-a-Bama is a training and implementation program designed to create lasting change in state tourism through connecting hospitality partners with the advocacy community and families who are not currently being served in an autism-friendly manner. The long-term goal is to equip families with tools to prepare for and enjoy travel and to position Alabama as an autism-friendly travel destination. *Funded by the Alabama Mountain Lakes Tourist Association.*

### Equipment loan program

The SHARE (Special Help with Adaptive Resources & Equipment) program allows UCP to assess, demonstrate, and loan durable medical and mobility equipment to UCP clients. Pediatric equipment donations, including standers and walkers, are gladly accepted. Additionally, Elsie S. Bellows grants may assist client families with acquisition of needed equipment.

### Family Wellness Initiative (FWI)

The FWI expands UCP's caregiver mental health counseling and supports to include individuals of all abilities, their siblings, and other immediate family members who are impacted by a loved one's special healthcare needs. The goal of the FWI is to decrease stress, anxiety, fatigue, and depression and to increase the overall physical, mental, and emotional wellness of the family unit through direct counseling and group support. *Funded by the Huntsville Hospital Community Health Initiative.*

### Help Me Grow Alabama

Help Me Grow connects families to health and developmental resources so children (birth to age eight) can start school healthy and ready to succeed. Help Me Grow's North Alabama Regional Care Coordinator is located at the UCP Huntsville Training Center. *Funded by the Alabama Partnership for Children.*



## Organization Information



UCP of Huntsville & Tennessee Valley, Inc., an affiliate of UCP National, is governed by a local all-volunteer Board of Directors. The UCP Board includes individuals with disabilities, parents of children with special needs, corporate leaders, civic volunteers, medical and legal professionals, small business owners, and government employees. The UCP Board and staff, led by CEO Cheryl Smith, are responsible for determining services offered locally and raising the funds necessary to operate programs at both Huntsville-based centers.

Approximately 94 percent of funds raised by UCP directly benefit children and adults with disabilities and their families, with the remainder used for administrative, maintenance, and fundraising expenses.

## UCP Board of Directors FY 2023-2024

### Officers

#### President

**Dr. Adam Hott**—2024  
CFD Research, Director of Strategic Initiatives/Bio Division

#### President-Elect

**Brittney Shonk**—2025  
Merit Bank, Senior VP Private Banking

#### Vice President-Campaigns

**Caroline Craig**—2025  
Craig Comfort Control, Office Administrator

#### Vice President-Facilities

**Dr. Kimberly Hile**—2024  
UAH, Assistant Professor

#### Secretary

**Deborah Powell**—2025  
Bridgeworth, LLC, Sr. Operations Specialist

#### Treasurer

**Gretchen Jensen**—2024  
COLSA, VP of Finance & Accounting

### Madison County

**Jeanne Allen**—2024  
Legend Realty, Broker-Realtor

**Christopher Bero**—2026  
Army Futures Command, Computer Engineer

**Robin Derrick**—2024  
Heals, Inc., Clinic Coordinator

**Garen Grashot**—2024  
Torus Concepts, Inc., CEO-Owner

**Nanette Griffin**—2024  
U.S.S.R.C., Camper Services Clerk

**Nichole Hache**—2024  
Adtran, Quote Administrator

**Dr. Bruce Peters**—2025  
Torch Technologies, Solutions Provider

**Deborah Powell**—2025  
Bridgeworth, LLC, Sr. Operations Specialist

**Matt Reed**—2024  
Dynamic MSSP, COO

**Beth Rymer**—2024  
NALENT, Clinical Director/RPT

**Abena Souffrant**—2025  
Elite Land Title, Abstractor

**Andrew Townsley**—2025  
Lanier Ford Shaver & Payne, P.C., Associate Attorney

### Limestone County

**Jannifer Matthews**—2026  
NASA, Contracting Officer

### At-Large

**Randy Silver**—2024  
NASA, Lead for CFO IT Systems

### Corporation Members

**Dr. Jay Durham, Dr. Kimberly Limbo, Keanna Nichols, Clay Martin, David Dalton, and Michael Berkholtz**