



## Respite Care Provider Grants

Respite Care is temporary short-term relief for family caregivers of individuals with special needs. The primary purpose of respite care is to give relief to family caregivers from the extraordinary and intensive demands of providing ongoing care in the home. Alabama Lifespan Respite (ALR) is looking to fund direct respite care hours to underserved populations.

The Respite Care Program Grants will be available once a year to increase direct respite care services to existing and start-up community programs that provide services to underserved populations. Priority is given to programs serving rural communities, Hispanic/Latino and/or African American families, and children at risk for abuse and neglect. Other populations will be considered as well. A program is eligible to apply for this grant if they will be providing direct respite care as of April 1, 2025.

ALR is able to offer these grant funds through the Federal Lifespan Respite Grant program in partnership with the Alabama Department of Senior Services.

### **CRITERIA FOR 2025 Respite Care Program Grants**

- The program must provide respite care in Alabama
- Grant requests should be \$2,000 or less
- Direct respite care hours will be provided April 1–Dec. 31, 2025
- Grant funds should be used for direct respite services. Examples include:
  - Covering program fees for individuals in the identified populations
  - Creating new respite programs that target an underserved population
  - Expanding existing programs to underserved populations
  - Staff costs, program supplies, activities, rental space, etc. that relate to providing respite to underserved populations.

### **IMPORTANT DATES**

Jan. 10, 2025 – Grant Application released

Feb. 17, 2025 – Grant applications due by 5 p.m.

March 4, 2025 – Grant Awards will be announced

July 31, 2025 – Progress Report Due (1–page reporting on impact, participants served, and hours of provided respite care)

Any questions can be directed to Tracy Cieniewicz at [tracyc@ucphuntsville.org](mailto:tracyc@ucphuntsville.org).

## **APPLICATION**

Please respond to the following questions in a document no longer than 4 pages (includes the cover page). **Please email your application to ALR Director Tracy Cieniewicz at [tracyc@ucphuntsville.org](mailto:tracyc@ucphuntsville.org).** Put Respite Care Provider Grant Application in the subject line.

### **Cover Page:**

- Agency Name/ Program Name
- Agency Mailing Address
- Contact Name, Email, Phone Number
- Amount Requested
- Identify if this is a start-up program or an existing program
- Client Age(s) to be Served: Children, Adult, Elderly, ALL
- Client Population and Diagnoses Served
  - o Priority is given to programs serving rural communities, Hispanic/Latino and/or African American families, and children at risk for abuse and neglect. Other populations will be considered as well.
- Summary of Request (one paragraph summary of request, no more than 250 words)

### **Page 2-3 - Answer the Following Questions**

1. Describe the respite program that will use these funds.
2. Describe how these funds will be used to increase respite care services to your identified underserved population.
3. Write 1-3 measurable outcomes related to respite for underserved populations (serving caregivers, direct service hours, number of participants, etc.).
4. If this is a start-up program, please describe your sustainability plan for the new program.
5. How many people do you estimate will be touched by these grant funds?
6. How many hours of direct respite service do you plan on providing because of these funds?

**Page 4: Include a line item budget detailing how grant funds will be spent.**